

PRESS RELEASE

IIT Madras launches Wellness Survey Program

Being carried out under the aegis of National Health Mission (NHM), Govt. of Tamil Nadu, an independent agency has been engaged to reach out to all students, staff and faculty of the institute

CHENNAI, 4th May 2023: <u>Indian Institute of Technology Madras</u> (IIT Madras) has launched a wellness survey today (4th May 2023) with the objective of reaching out to the stakeholders in the campus.

The survey is being carried out by an independent agency which will get in touch with all students, staff, and faculty of the institute. The survey will be undertaken under the aegis of the National Health Mission (NHM), Govt. of Tamil Nadu. More than 30 counsellors are being deployed for this survey. The survey process involves a one-to-one conversation with a well-qualified wellness specialist assigned by the NHM.

Prof. V. Kamakoti, Director, IIT Madras, inaugurated the wellness program. Simultaneously, Prof. Kamakoti has also started a unique initiative of 'Kushal Program' to bridge a close association of individual student with faculty, for their wellness.

Highlighting the importance of this exercise, Prof. V. Kamakoti, Director, IIT Madras, said "Happiness is a collective responsibility. IIT Madras is committed to work towards ensuring wellness of all in her campus. The independent wellness survey is one of the important steps taken in this direction. I thank the NHA, Government of Tamil Nadu, for helping us in this effort."

The Institute has also launched a 'Be Happy' Website - https://behappy.iitm.ac.in/ - to engage with the students.

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ABOUT IIT MADRAS

Indian Institute of Technology Madras (IITM) was established in 1959 by the Government of India as an 'Institute of National Importance.' The activities of the Institute in various fields of Science and Technology are carried out in 16 academic departments and several advanced interdisciplinary research academic centres. The Institute offers undergraduate and postgraduate programmes leading to B.Tech., M.Sc., M.B.A., M.Tech., M.S., and Ph.D., degrees in a variety of specialisations. IITM is a residential institute with more than 600 faculty and 9,500 students. Students from 18 countries are enrolled here. IITM fosters an active entrepreneurial culture with strong curricular support and through the IITM Incubation Cell.

Recognized as an Institution of Eminence (IoE) in 2019, IITM has been ranked No.1 in the 'Overall' Category for the fourth consecutive year in India Ranking 2022 released by National Institutional Ranking Framework, Ministry of Education, Govt. of India. The Institute has also been ranked No.1 in the 'Engineering Institutions' category in the same Rankings for seven consecutive years – from



2016 to 2022. It was also adjudged as the 'Top innovative Institution' in the country in Atal Ranking of Institutions on Innovation Achievements (ARIIA) in 2019, 2020 and 2021. ARIIA Ranking was launched by the Innovation Cell of Ministry of Education.

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